

Your Time

Year 1 in Numbers



Funded by
Department
for Education

100%

School coordinators felt that Your Time increased girls' leadership abilities and would recommend the programme to other schools



Girls have accessed the programme and become Your Time Leaders

522

2,399

Girls have participated in competitive sport through the Your Time programme



9,500

Hours of competitive sport have been completed



Participants said they enjoyed taking part in the programme

90%

*Daisy: a
Your Time
learner*

"I really enjoyed working as a team and having my teammates respect me and cheering me on and saying I've done good. It helps me believe in myself and pushes me to get better."

**Learner's name changed to keep feedback anonymous*