



Specification

Level 1 Qualification in Dance Leadership (DL1)

Introducing the specification

The Level 1 Qualification in Dance Leadership specification is largely the same as specifications provided in previous years. There are some minor changes to the way that learners perform their observed practical activity and the Tutor/Assessor's assessment of this, but everything else will be familiar to you and your delivery team.

<p>Definition of community</p>	<p>The definition of community has evolved over the past year and remains true for the future. For the purpose of dance leadership community is defined as:</p> <ul style="list-style-type: none"> • Education provider • Social bubble • Home environment • Social media/digital environment • The community local to the learner (e.g. at sports clubs, youth clubs, etc.) <p>When a learner is asked to deliver an activity within their community this can be done for any of the above.</p>
<p>Demonstration of leadership</p>	<p>1 hour of dance leadership sessions as part of Unit 2</p>
<p>Responsibility of leading safe sessions as a Dance Leader</p>	<p>A Level 1 Dance Leader during training is required to be supported and guided at all times by their tutor/assessor or person in charge of the organisation they are leading in.</p> <p>The responsible person will be required to advise the learner on risk assessments and the interventions required to put in place in line with the organisation's safety guidance.</p> <p>Once qualified the Dance Leader will be able to assist in leading dance activities under direct supervision.</p>
<p>Learner Support Challenges</p>	<p>The aim of these challenges is to support the Dance Leader to deliver safe and inclusive dance activities. They will guide the learner to recognise the skills that are being developed and guide them to implement them effectively in an ever changing environment.</p> <p>These are learner facing resources and are available to access, as part of your registration fees, as part of home learning or within face to face sessions.</p> <p>The six challenges for to support your delivery of this qualification are:</p> <ol style="list-style-type: none"> 1) Valuing Learning Challenge – Engaging with learning and your community 2) Skills for Progression Challenge – The personal skills you need to progress 3) Believe in Yourself Challenge – Building confidence to succeed 4) Safety Awareness Challenge – Assist in leading activities safely <p>The support challenges are referenced throughout the tutor resources and the Learner Evidence Records as 'Power Up Opportunities'.</p>

Qualification information

Objective:

DL1 is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable dance activity, under direct supervision.

Minimum age on course start date	12 years old
Pre-requisites	None
Level of supervision during course	Direct supervision
Level of supervision once qualified	Direct supervision
Total Qualification Time (TQT)	45 hours
Tutored time (GL)	26 hours
Demonstration of leadership	1 hour - required before qualification is certificated
Credits	5 credits
Qualification number (Quan code)	603/1244/0

Demonstration of Leadership Hours

Adapted assessment to ensure the qualification is accessible for learners during the Covid-19 crisis.

Unit	Leadership hours required for courses with start dates from 1 September 2021
Unit 2 - Plan, assist in leading and review dance activities	1 hour of leadership to peers

Assessment

SLQ Sports Leaders have provided an easy to use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation – with additional guidance of how to use videos and conferencing apps to support assessment decisions
- Assessment of written tasks (task worksheets provided in the LER)
- Plans and evaluations completed during the course

* Reasonable adjustments can be made for learners who are unable to complete the LER

Resources – Reviewed for 2021/22

To assist you with the delivery and assessment of this qualification SLQ Sports Leaders will provide you with access to the following documents electronically:

- This qualification specification – [reviewed for 2021/22](#)
- Learner Evidence Record – [reviewed for 2021/22](#)
- A series of Learner Support Challenges - to support learners to be adaptable to the changing safety needs of their community
- Tutor Resource presentation slides for each unit – [reviewed for 2021/22](#)
- Quality Assurance Review Checklist
- Internal Verification forms – [reviewed for 2021/22](#)
- Internal Assessment Record – [reviewed for 2021/22](#)

Training requirements for your Centre

Tutor Training is mandatory for Centres planning to deliver SLQ Sports Leaders qualifications. A minimum of one person per Centre must undertake Tutor Training which gives ‘Trained Tutor/Assessor’ status lasting for two years.

Centre Course Manager (CCMs) e-training and Internal Verification e-training are also mandatory for those that are performing the roles at a Centre. Visit [LEAP](#) to complete the training.

Policies

When agreeing to the Terms and Conditions, all Qualification Centres have acknowledged that the following policies are in place and accessible to both learners and tutors as required:

- Malpractice and maladministration policy
- Appeals and complaints policy
- Equal opportunities policy

Our Quality Assurance reviews will check these are in place and whether these have been accessed in the last 12 months. If you have any questions regarding this requirement, please contact your Senior Quality Assurance Officer or email qa@sportsleaders.org.

Progression

This qualification has a progression pathway to the next level of Dance Leadership qualification. This qualification is the Level 2 Qualification in Dance Leadership.

Price

The price list for all SLQ Sports Leaders qualifications, awards and additional resources can be found [here](#).

FAQs

A list of Frequently Asked Questions can be found [here](#).

Specification

Level 1 Qualification in Dance Leadership (DL1)

What has changed for 2021-22?

Unit Overview

There have been no changes to the unit structure of the qualification

Unit 1

In Unit 1, there have been no changes to the Assessment Criteria or the Tasks that need to be completed

Unit 2

In Unit 2, learners are now required to assist in leading activities rather than a whole dance activity session. The task in the LER has been changed to reflect this.

Unit 3

In Unit 3, there have been no changes to the Assessment Criteria or the Tasks that need to be completed

SLQ Level 1 Qualification in Dance Leadership (DL1)
Specification from 1st September 2021
Unit Overview

What has changed?

There have been no changes to the unit structure of the qualification

Units All units are mandatory	Guided Learning (Tutor time)	Directed study	Total Qualification Time (TQT)
Unit 1 - Establishing leadership skills	6	4	10
Unit 2 - Plan, assist in leading and review dance activities	13	12*	25
Unit 3 - Lead dance activities which promote a healthy lifestyle	7	3	10
	26	19	45
			5 credits
* Includes 1 hour demonstration of leadership hours to complete in Unit 2			
Note: The learner needs to be assessed for and pass all assessment criteria from Units 1 and 2 before leading any of the 1 hour leadership required for this unit			

What has changed?

In Unit 1, there have been no changes to the Assessment Criteria or the Tasks that need to be completed

Unit 1 – Establishing leadership skills		
Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Know the skills and behaviours needed to lead others		
1.1 Outline why the identified skills will be necessary for a Dance Leader	Outline why the five skills (Communication, Self-belief, Teamwork, Self-management, Problem solving) are necessary for a Dance Leader	Task 1.1 – Leadership skills and behaviours Complete task worksheet
1.2 Outline the effect that behaviours can have on leadership skills	Outline the effect that behaviours can have on each of the five skills (two behaviours per skill)	
Learning Outcome 2 – Know how leadership skills and behaviours can be used in a range of situations		
2.1 Outline how the identified skills and behaviours might be used in different areas of life	Outline the positive impact the five skills might have on other areas of life	Task 1.2 – Using leadership skills and behaviours in other environments Complete task worksheet
Learning Outcome 3 – Be able to develop own leadership skills		
3.1 Audit own leadership skills	Carry out an audit of and create an action plan to develop own leadership skills	Task 1.3 – Reflecting on the leadership skills you have used Complete task worksheet
3.2 Create an action plan for developing leadership skills		
3.3 Reflect on the development of own leadership skills against an action plan		
Learning Outcome 4 – Understand the roles and responsibilities of a Dance Leader		
4.1 Outline the responsibilities of the roles that a Dance Leader might take on	Outline the responsibilities, key skills and behaviours for each of the following roles – Choreographer, Dance Captain, Rehearsal Director, Stage Manager, Health and Safety Officer	Task 1.2 – Using leadership skills and behaviours in other environments Complete task worksheet

What has changed?

In Unit 2, learners are now required to assist in leading activities rather than a whole dance session. The task in the LER has been changed to reflect this.

Unit 2 – Plan, assist in leading and review dance activities		
Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Be able to plan appropriate dance activities		
1.1 Plan dance activities	Plan a minimum of two activities	Task 2.1 – Plan, assist in leading and review dance activities Complete plans for two activities
Learning Outcome 2 – Be able to use music and stimulus in dance		
2.1 Produce a dance rhythm	Produce a 32-beat musical phrase	Task 4.1 - Leading a dance piece to music Practical Observation Form
2.2 Apply rhythmic awareness during a dance piece	Demonstrate the ability to keep in time during a dance piece	
2.3 Use stimulus to create a motif	Demonstrate at least two motifs within a dance piece	
2.4 Lead a dance routine	Lead a created dance routine to a group, for a minimum of 1 minute on two occasions	
Learning Outcome 3 – Be able to assist in leading appropriate dance activities		
3.1 Use effective communication skills when assisting in the leading of dance activities	Use at least two different verbal and at least two non-verbal communication methods effectively	Task 2.1 – Plan, assist in leading and review dance activities Practical Observation Form
	Demonstrate active listening on at least one occasion	
3.2 Use effective organisational strategies when assisting in the leading of dance activities	Demonstrate effective organisation on at least one occasion	
3.3 Use effective motivation methods when assisting in the leading of dance activities	Use at least two motivational methods effectively	
3.4 Adapt an activity in line with the needs of the participant(s)	Adapt an activity in line with the participants' needs on at least one occasion	
3.5 Lead dance activities	Assist in leading a minimum of 2 x 10 minute dance activities	Leadership Log – complete 1-hour demonstration of leadership to peers
	Complete an additional 1-hour demonstration of leadership	

Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 4 - Be able to review their role in the leading of dance activity		
4.1 Review own role in leading dance activity	Review the role they played to include: <ul style="list-style-type: none"> • Elements that were successful • Elements that were less successful • An outline of how the review will be used to improve future leadership activities 	Task 2.1 - Plan, assist in leading and review dance activities Review at least one dance activity that has been led

What has changed?

In Unit 3, there have been no changes to the Assessment Criteria or the Tasks that need to be completed

Unit 3 - Lead dance activities which promote a healthy lifestyle		
Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 - Know the factors that contribute to a healthy lifestyle and suggest lifestyle improvements		
1.1 Describe how the following factors may affect a person's health and fitness: <ul style="list-style-type: none"> • Exercise • Smoking • Drugs • Alcohol • Diet • Age • Environment 	Identify a minimum of two effects on a person's health and fitness for each of the listed factors	Task 3.1- Factors that contribute to a healthy lifestyle Complete task worksheet
1.2 Describe lifestyle improvement strategies that they could use to improve their own lifestyle	Identify a minimum of two strategies that could be implemented to improve their own lifestyle and the impact these might have	
Learning Outcome 2 - Plan, assist in leading lead and review a dance related fitness session		
2.1 Plan a dance related fitness session	Plan a minimum of one dance related fitness session	Task 3.2 - Plan, lead and review a dance related fitness session Complete task worksheet
2.2 Assist in leading a dance related fitness session	Assist in leading a dance related fitness session for a minimum of 10 minutes	
2.3 Review a dance related fitness session	Review at least one dance related fitness session	