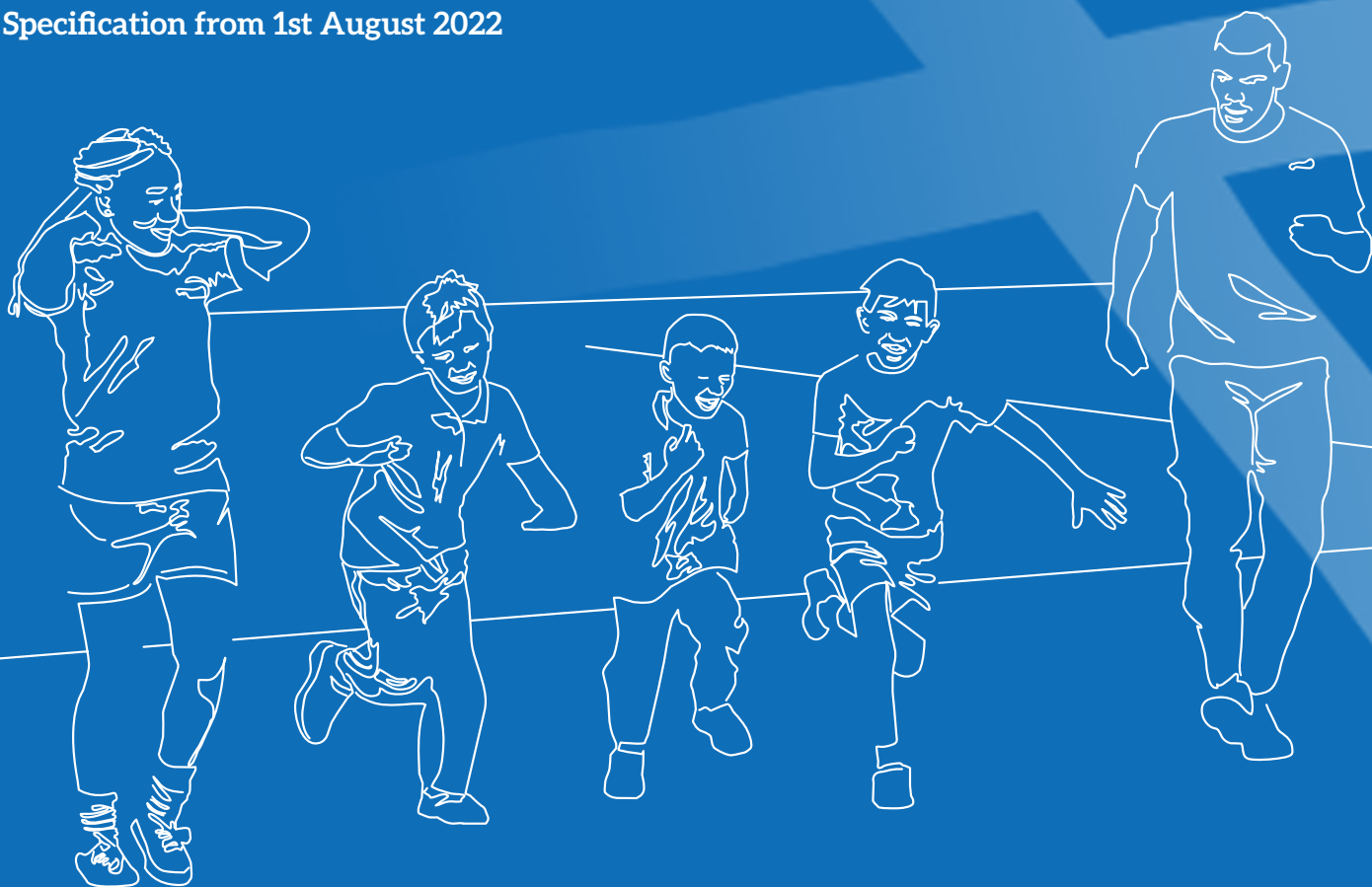


Specification from 1st August 2022



Specification

Level 4 Qualification in Sports Leadership (SL4)



**Sports
Leaders**



Introducing the specification

In summary, this specification is same as the specification offered for delivery during the academic year 2021/22 but with some of the following adaptations and additional resources available to support your learners.

<p>Definition of community</p>	<p>The definition of community has evolved over the past year and remains true for the future. For the purpose of sports leadership community is defined as:</p> <ul style="list-style-type: none"> • Education provider • Social bubble • Home environment • Social media/digital environment • The community local to the learner (e.g. at sports clubs, youth clubs, etc.) <p>When a learner is asked to deliver an activity within their community this can be done for any of the above.</p>
<p>Demonstration of leadership</p>	<p>1 hour of sports leadership sessions as part of Unit 2</p>
<p>Responsibility of leading safe sessions as a Sports Leader</p>	<p>A Level 4 Sports Leader during training is required to be supported and guided at all times by their tutor/assessor or person in charge of the organisation they are leading in.</p> <p>The responsible person will be required to advise the learner on risk assessments and the interventions required to put in place in line with the organisation's safety guidance.</p> <p>Once qualified the Sports Leader will be able to assist in leading sports/physical activities under direct supervision.</p>
<p>Learner Support Challenges</p>	<p>The aim of these challenges is to support the Sports Leader to deliver safe and inclusive sport/physical activity sessions. They will guide the learner to recognise the skills that are being developed and guide them to implement them effectively in an ever changing environment.</p> <p>These are learner facing resources and are available to access, as part of your registration fees, as part of home learning or within face to face sessions.</p> <p>The six challenges for to support your delivery of this qualification are:</p> <ol style="list-style-type: none"> 1) Valuing Learning Challenge - Engaging with learning and your community 2) Skills for Progression Challenge - The personal skills you need to progress 3) Believe in Yourself Challenge - Building confidence to succeed 4) Safety Awareness Challenge - Assist in leading activities safely <p>The support challenges are referenced throughout the tutor resources and the Learner Evidence Records as 'Power Up Opportunities'.</p>

Qualification information

Objective:

SCQF SL4 is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable sport/physical activity, under direct supervision.

Minimum age on course start date	12 years old
Pre-requisites	None
Level of supervision during course	Direct supervision
Level of supervision once qualified	Direct supervision
Notional Learning Time	45 hours
Tutored time (GL)	27 hours
Demonstration of leadership	1 hour - required before qualification is certificated
Credits	5 credits
Insight points	5

Demonstration of Leadership Hours

Unit	Leadership hours required for courses with start dates from 1 st August 2022
Unit 2 - Plan, assist in leading and review a sport/physical activity session	1 hour of leadership to peers

Assessment

SLQ Sports Leaders have provided an easy to use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation - with additional guidance of how to use videos and conferencing apps to support assessment decisions
- Assessment of written tasks (task worksheets provided in the LER)
- Plans and evaluations completed during the course

* Reasonable adjustments can be made for learners who are unable to complete the LER

Resources - Reviewed for 2022/23

To assist you with the delivery and assessment of this qualification SLQ Sports Leaders will provide you with access to the following documents electronically:

- This qualification specification - [reviewed for 2022/23](#)
- Learner Evidence Record - [reviewed for 2022/23](#)
- A series of Learner Support Challenges - to support learners to be adaptable to the changing safety needs of their community
- Tutor Resource presentation slides for each unit - [reviewed for 2022/23](#)
- Quality Assurance Review Checklist
- Internal Verification forms - [reviewed for 2022/23](#)
- Internal Assessment Record - [reviewed for 2022/23](#)

Training requirements for your Centre

Tutor Training is mandatory for Centres planning to deliver SLQ Sports Leaders qualifications. A minimum of one person per Centre must undertake Tutor Training which gives 'Trained Tutor/Assessor' status lasting for two years.

Centre Course Manager (CCM) e-training and Internal Verification e-training are also mandatory for those that are performing the roles at a Centre. Visit [LEAP](#) to complete the training.

Policies

When agreeing to the Terms and Conditions, all Qualification Centres have acknowledged that the following policies are in place and accessible to both learners and tutors as required:

- Malpractice and maladministration policy
- Appeals and complaints policy
- Equal opportunities policy

Our Quality Assurance reviews will check these are in place and whether these have been accessed in the last 12 months. If you have any questions regarding this requirement, please contact your Senior Quality Assurance Officer or email qa@sportsleaders.org.

Progression

This qualification has a progression pathway to the next level of Sports Leadership qualification. This qualification is the Level 2 Qualification in Community Sports Leadership.

Price

The price list for all SLQ Sports Leaders qualifications, awards and additional resources can be found [here](#)

SLQ SCQF Level 4 Qualification in Sports Leadership (SCQF SL4)

Specification from 1st August 2022

Unit Overview

Units All units are mandatory	Guided Learning (Tutor time)	Directed study	Notional Learning Time
Unit 1 - Establishing leadership skills	8	7	15
Unit 2 - Plan, assist in leading and review sport/physical activities	12	7*	19
Unit 3 - Lead activities which promote a healthy lifestyle	7	4	11
	27	18	45
			5 credits
* Includes 1 hour demonstration of leadership hours to complete in Unit 2			
Note: The learner needs to be assessed for and pass all performance criteria from Units 1 and 2 before leading any of the 1 hour leadership required for this qualification			

SLQ SCQF Level 4 Qualification in Sports Leadership (SCQF SL4)

Specification from 1st August 2021

Units and Performance Criteria Guidance

What has changed?

In Unit 1, the Unit has been restructured and some of the Performance Criteria have changed to give better guidance to the learner and the Tutor/Assessor. The LER will guide learners and any changes in requirements for assessment decisions for Tutor/Assessors.

There is no longer the requirement to carry out an officiating role for 10 minutes.

Unit 1 – Establishing leadership skills		
Performance Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Know the skills and behaviours needed to lead others		
1.1 Outline why the identified skills will be necessary for a Sports Leader	Outline why the five skills (Communication, Self-belief, Teamwork, Self-management, Problem solving) are necessary for a Sports Leader	Task 1.1 – Leadership skills and behaviours Complete task worksheet
1.2 Outline the effect that behaviours can have on leadership skills	Outline the effect that behaviours can have on each of the five skills (two behaviours per skill)	
Learning Outcome 2 – Know how leadership skills and behaviours can be used in a range of situations		
2.1 Outline how the identified skills and behaviours might be used in different areas of life	Outline the positive impact the five skills might have on other areas of life	Task 1.2 – Using leadership skills and behaviours in other environments Complete task worksheet
Learning Outcome 3 – Be able to develop own leadership skills		
3.1 Audit own leadership skills	Carry out an audit of and create an action plan to develop own leadership skills	Task 1.3 – Reflecting on the leadership skills you have used Complete task worksheet
3.2 Create an action plan for developing leadership skills		
3.3 Reflect on the development of own leadership skills against an action plan		
Learning Outcome 4 – Understand the roles and responsibilities of a Sports Leader		
4.1 Outline the responsibilities of the roles that a Sports Leader might take on	Outline the responsibilities, key skills and behaviours for each of the following roles – Referee/umpire, Safety officer, Scorer, Timekeeper, Coach, Manager/organiser	Task 1.2 – Using leadership skills and behaviours in other environments Complete task worksheet

Performance Criteria	Minimum action required	What needs to be completed
Learning Outcome 5 - Know the leadership opportunities available to them		
5.1 Identify what leadership opportunities are available in a range of settings	Identify two leadership opportunities available within each of the following: <ul style="list-style-type: none"> • The organisation • The local community • The wider community 	Task 1.4 - Leadership opportunities Complete the task worksheet
5.2 Identify courses that are available in the local area which may complement or follow on from the qualification	Identify a minimum of two further courses of study which complement this course and where they can be accessed	

What has changed?

In Unit 2, learners are now required to assist in leading **activities** rather than a whole sport/physical activity **session**. The task in the LER has been changed to reflect this.

The learner must now lead 2 x 10 minute activities rather than 1 x 15 minute session.

Unit 2 – Plan, assist in leading and review sport/physical activities		
Performance Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Be able to plan appropriate sport/physical activities		
1.1 Plan sport/physical activities	Plan a minimum of two activities	Task 2.1 – Plan, assist in leading and review sport/physical activities Complete plans for two activities
Learning Outcome 2 – Be able to assist in leading appropriate sport/physical activities		
2.1 Use effective communication skills when assisting in the leading of sport/physical activities	Use at least two different verbal and at least two non-verbal communication methods effectively	Task 2.1 – Plan, assist in leading and review sport/physical activities Practical Observation Form
	Demonstrate active listening on at least one occasion	
2.2 Use effective organisational strategies when assisting in the leading of sport/physical activities	Demonstrate effective organisation on at least one occasion	
2.3 Use effective motivation methods when assisting in the leading of sport/physical activities	Use at least two motivational methods effectively	
2.4 Adapt an activity in line with the needs of the participant(s)	Adapt an activity in line with the participants' needs on at least one occasion	
2.5 Lead sport/physical activities	Assist in leading a minimum of 2 x 10 minute sport/physical activities	Task 2.2 – Leadership Log Complete 1-hour demonstration of leadership to peers
	Complete an additional 1-hour demonstration of leadership	
Learning Outcome 3 – Be able to review their role in the leading of sport/physical activities		
3.1 Review own role in leading sport/physical activities	Review the role they played to include: <ul style="list-style-type: none"> • Elements that were successful • Elements that were less successful • An outline of how the review will be used to improve future activities 	Task 2.1 – Plan, assist in leading and review sport/physical activities Review at least one sport/physical activity

Unit 3 – Lead activities which promote a healthy lifestyle		
Performance Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Know the factors that contribute to a healthy lifestyle		
1.1 Describe how the following factors may affect a person’s health and fitness: <ul style="list-style-type: none"> • Exercise • Smoking • Drugs • Alcohol • Diet • Age • Environment 	Identify a minimum of one effect on a person’s health and fitness for each of the listed factors.	Task 3.1- Factors that contribute to a healthy lifestyle Complete the task worksheet
1.2 Describe lifestyle improvement strategies that they could use to improve their own lifestyle	Identify a minimum of two strategies that could be implemented to improve their own lifestyle and the impact these would have	
Learning Outcome 2 – Plan, lead and review a session designed to increase a participants’ heart rate		
2.1 Plan an activity session which is designed to increase participants’ heart rate	Plan a minimum of one activity session that will raise participants’ heart rate	Task 3.2 – Plan, lead and review a session designed to increase a participants’ heart rate Plan template and Practical Observation Form
2.2 Lead an activity session which is designed to increase participants’ heart rate	Lead for a minimum of 10 minutes and identify the basic visual signs of raised heart rate on at least one occasion	
2.3 Review the activity session	Review at least one sport/physical activity session that has been led	