



# Specification

## Level 1 Qualification in Dance Leadership (DL1)



**Sports  
Leaders**



## Introducing the Extraordinary Specification for 2020/21

Note: This Extraordinary Amended Specification has been introduced in response to the Covid-19 crisis to ensure that the qualification's assessments can be delivered by Centres and remain accessible to learners.

In summary - delivery of the SLQ Sports Leaders during the academic year 2020-21 includes the following adaptations:

<p>Definition of community</p>	<p>During these unprecedented times the definition of community has evolved. For the purpose of dance leadership community is defined as:</p> <ul style="list-style-type: none"> <li>• Education provider</li> <li>• Social bubble</li> <li>• Home environment</li> <li>• Social media/digital environment</li> </ul> <p>When a learner is asked to deliver an activity within their community this can be done for any of the above.</p>
<p>Demonstration of leadership</p>	<ul style="list-style-type: none"> <li>• 1 hour of dance leadership sessions as part of Unit 2</li> </ul>
<p>Responsibility of leading safe sessions as a Dance Leader</p>	<p>A Level 1 Dance Leader during training is required to be supported and guided at all times by their tutor/assessor or person in charge of the organisation they are leading in.</p> <p>The responsible person will be required to advise the learner on risk assessments and the interventions required to put in place in line with the organisation's Covid-19 safety guidance.</p> <p>Once qualified the Dance Leader will be able to assist in leading dance activity sessions under direct supervision.</p>
<p>Covid-19 Learner Support Challenges</p>	<p>SLQ Sports Leaders have developed a series of Covid-19 Learner Support Challenges as identified below. These are available to access as part of home learning or within face to face sessions.</p> <p>The aim of these challenges is to support the Dance Leader to deliver safely during these challenging times. They will guide the learner to recognise the skills that are being developed and guide them to implement them effectively in the ever changing environment.</p> <p>The sessions aim to support the delivery of the qualification through these extraordinary times and support the learner with understanding how they can lead sessions safely during the Covid-19 crisis. The support challenges are referenced throughout the tutor resources and the Learner Resources as 'Power Up Opportunities'.</p>

## **Supporting learners to develop their skills**

SLQ Sports Leaders will support the delivery of this qualification through four new, learner facing, 'Covid-19 Support Challenges', these are included in your learner registration fees. The resources can either be issued to learners to complete during their tutor time or they can be given as sessions to be completed at home. Each session should take about an hour to complete.

The challenges are designed to be delivered alongside the qualification delivery to give support and understanding of the current circumstances for leading activities. It will also give additional ideas to learners about how they might need to adapt to the needs of the Covid-19 crisis environment.

The four challenges are:

- 1) Valuing Learning Challenge – Re-engaging with learning and your community
- 2) Skills for Progression Challenge – The personal skills you need to progress
- 3) Believe in Yourself Challenge – Building confidence to succeed
- 4) Safety Awareness Challenge – Assist in leading activities safely

These challenges are referenced as 'Power Up' opportunities in the Tutor Resources and in the Learner Evidence Record.

## Qualification information

### Objective:

DL1 is a nationally recognised qualification that enables successful learners to assist in leading purposeful and enjoyable dance activity, under direct supervision.

This 'Extraordinary Amended Specification' has been developed and issued in response to the changes in the environment due to the Covid-19 crisis. The amendments have been put in place so that learners can continue to safely demonstrate their leadership skills for practical assessments.

Minimum age on course start date	12 years old
Pre-requisites	None
Level of supervision during course	Direct supervision
Level of supervision once qualified	Direct supervision
Total Qualification Time (TQT)	45 hours
Tutored time (GL)	26 hours
Demonstration of leadership	1 hour - required before qualification is certificated
Credits	5 credits
Qualification number (Quan code)	603/1244/0

### Assessment

SLQ Sports Leaders have provided an easy to use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:

- Practical observation – with additional guidance of how to use videos and conferencing apps to support assessment decisions
- Questioning of underpinning knowledge - via worksheets
- Plans and evaluations completed during the course

\* Reasonable adjustments can be made for learners who are unable to complete the LER

### Demonstration of Leadership Hours

*Adapted assessment to ensure the qualification is accessible for learners during the Covid-19 crisis.*

Unit	Leadership hours required for courses with start dates between 1 August 2020 to 31 July 2021
Unit 2 – Plan, assist in leading and review a dance activity	1 hour of leadership to peers

## Resources – Reviewed for 2020/21

*A suite of support resources and guidance to enable you and your learners to create Sports Leaders in 2020/21 will be available.*

To assist you with the delivery and assessment of this qualification SLQ Sports Leaders will provide you with access to the following documents electronically:

- This qualification specification – [reviewed for 2020/21](#) to overcome the challenges of Covid-19
- Delivering sports leadership in the Covid-19 pandemic – Guidance for Tutors and other delivery staff
- Learner Evidence Record – [reviewed for 2020/21](#)
- A series of Covid-19 Learner Support Challenges - to support learners to be adaptable to the changing safety needs of their community and the Covid-19 environment
- Tutor Resource presentation slides for each unit – [reviewed for 2020/21](#)
- Quality Assurance Review Checklist – [reviewed for 2020/21](#)
- Internal Verification forms – [reviewed for 2020/21](#)

## Training requirements for your Centre

Tutor Training is mandatory for Centres planning to deliver SLQ Sports Leaders qualifications. A minimum of one person per Centre must undertake Tutor Training which gives ‘Trained Tutor/Assessor’ status lasting for two years.

Centre Course Managers (CCMs) e-training and Internal Verification e-training are also mandatory for those that are performing the roles at a Centre. Visit [LEAP](#) to complete the training.

## Policies

When agreeing to the Terms and Conditions, all Qualification Centres have acknowledged that the following policies are in place and accessible to both learners and tutors as required:

- Complaints policy
- Malpractice and maladministration policy
- Appeals policy

Our Quality Assurance engagements will check these are in place and whether these have been accessed in the last 12 months. If you have any questions regarding this requirement, please contact your [Senior Quality Assurance Officer](#) or your [Customer Services Team](#) member as soon as possible. We are happy to offer guidance regarding these policies if required.

## Progression

This qualification has a progression pathway to the next level of Dance Leadership qualification. This qualification is the Level 2 Qualification in Dance Leadership.

## Price

The price list for all SLQ Sports Leaders qualifications, awards and additional resources can be found [here](#).

## FAQs

A list of Frequently Asked Questions can be found [here](#).

Extraordinary Specification for 2020/21  
 SLQ Level 1 Qualification in Dance Leadership (DL1)  
 Unit Overview

<b>Units</b> All units are mandatory	<b>Guided Learning (Tutor time)</b>	<b>Directed study</b> (includes 1 hour of leadership*)	<b>Total Qualification Time (TQT)</b>
Unit 1 – Establishing leadership skills	6	4	10
Unit 2 – Plan, assist in leading and review a dance activity	13	12*	25
Unit 3 – Lead dance activities which promote a healthy lifestyle	7	3	10
Learners must complete a minimum of 1 hour demonstration of leadership to peers for Unit 2	<b>26</b>	<b>19</b>	<b>45</b>
			<b>5 credits</b>

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 Units and Assessment Criteria Guidance

Unit 1 – Establishing leadership skills		
Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Know the skills and behaviours needed to lead others		
1.1 Outline why the identified skills will be necessary for a Dance Leader	Outline why the five skills (Communication, Self-belief, Teamwork, Self-management, Problem solving) are necessary for a Dance Leader	<b>Task 1.1 – Leadership skills and behaviours</b> Complete task worksheet
1.2 Outline the effect that behaviours can have on leadership skills		
Learning Outcome 2 – Know how leadership skills and behaviours can be used in a range of situations		
2.1 Outline how the identified skills and behaviours might be used in different areas of life	Outline the positive impact the five skills might have on other areas of life	<b>Task 1.2 – Using leadership skills and behaviours in other environments</b> Complete task worksheet
Learning Outcome 3 – Be able to develop own leadership skills		
3.1 Audit own leadership skills	Carry out an audit of and create an action plan to develop own leadership skills	<b>Task 1.3 – Reflecting on the leadership skills you have used</b> Complete task worksheet
3.2 Create an action plan for developing leadership skills		
3.3 Reflect on the development of own leadership skills against an action plan		
Learning Outcome 4 – Understand the roles and responsibilities of a Dance Leader		
4.1 Outline the responsibilities of the roles that a Dance Leader might take on	Outline the responsibilities, key skills and behaviours for each of the following roles – Choreographer, Dance Captain, Rehearsal Director, Stage Manager, Health and Safety Officer	<b>Task 1.2 – Using leadership skills and behaviours in other environments</b> Complete task worksheet

Unit 2 – Plan, assist in leading and review a dance activity		
Assessment Criteria	Minimum action required	What needs to be completed
Learning Outcome 1 – Be able to plan appropriate dance activity		
1.1 Plan dance activity	Plan a minimum of two activity sessions. Session plans must include a warm-up and a main activity	<b>Task 2.1 – Plan, assist in leading and review dance activity</b> Complete plans for two activity sessions
Learning Outcome 2 – Be able to use music and stimulus in dance		
2.1 Produce a dance rhythm	Produce a 32-beat musical phrase	<b>Task 4.1 - Leading a dance piece to music</b> Practical Observation Form
2.2 Apply rhythmic awareness during a dance piece	Demonstrate the ability to keep in time during a dance piece	
2.3 Use stimulus to create a motif	Demonstrate at least two motifs within a dance piece	
2.4 Lead a dance routine	Lead a created dance routine to a group, for a minimum of 1 minute on two occasions	
Learning Outcome 3 – Be able to assist in leading appropriate dance activity		
3.1 Use effective communication skills when assisting in the leading of dance activity	Use at least two different verbal and at least two non-verbal communication methods effectively	<b>Task 2.1 – Plan, assist in leading and review dance activity</b> Practical Observation Form
	Demonstrate active listening on at least one occasion	
3.2 Use effective organisational strategies when assisting in the leading of dance activity	Demonstrate effective organisation on at least one occasion	
3.3 Use effective motivation methods when assisting in the leading of dance activity	Use at least two motivational methods effectively	
3.4 Adapt an activity in line with the needs of the participant(s)	Adapt an activity in line with the participants' needs on at least one occasion	
3.5 Lead dance activity sessions	Assist in leading a minimum of 2 x 10 minutes of dance activity. Each activity must have a different purpose from the list provided above	<b>Leadership Log – complete 1-hour demonstration of leadership to peers</b>
	Complete an additional 1-hour demonstration of leadership	



Learning Outcome 4 – Be able to review their role in the leading of dance activity		
4.1 Review own role in leading dance activity	Review the role they played to include: <ul style="list-style-type: none"> <li>• Elements that were successful</li> <li>• Elements that were less successful</li> <li>• An outline of how the review will be used to improve future leadership activities</li> </ul>	<b>Task 2.1 – Plan, assist in leading and review dance activity</b> Review at least one dance activity that has been led

### Unit 3 – Lead dance activities which promote a healthy lifestyle

Assessment Criteria	Minimum action required	What needs to be completed
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#### Learning Outcome 1 – Know the factors that contribute to a healthy lifestyle and suggest lifestyle improvements

1.1 Describe how the following factors may affect a person’s health and fitness: <ul style="list-style-type: none"> <li>• Exercise</li> <li>• Smoking</li> <li>• Drugs</li> <li>• Alcohol</li> <li>• Diet</li> <li>• Age</li> <li>• Environment (including Covid-19 impacts on environment)</li> </ul>	Identify a minimum of two effects on a person’s health and fitness for each of the listed factors	<b>Task 3.1- Factors that contribute to a healthy lifestyle</b> Complete task worksheet
1.2 Describe lifestyle improvement strategies that they could use to improve their own lifestyle	Identify a minimum of two strategies that could be implemented to improve their own lifestyle and the impact these might have	

#### Learning Outcome 2 – Plan, assist in leading lead and review a dance related fitness session

2.1 Plan a dance related fitness session	Plan a minimum of one dance related fitness session	<b>Task 3.2 – Plan, lead and review a dance related fitness session</b> Complete task worksheet
2.2 Assist in leading a dance related fitness session	Assist in leading a dance related fitness session for a minimum of 10 minutes	
2.3 Review a dance related fitness session	Review at least one dance related fitness session	