

Sports Leadership C2 Delivery and SOW 2008

Richmond School

CSLA Unit	Learning Objectives	Evidence Delivery	Staff Responsible	Additional Evidence
Unit 1: Organise and deliver a sports activity session		BTEC Sports unit 4 and 12 Sports coaching and Leadership	APW	
	LO1: Identify the information required to run the session	Unit 4 LO1,2 Understand roles and techniques for sports coaching	APW	
	LO2: Prepare session plan with aims	Unit 4 LO3 Plan a sport session	APW	
	LO3: Prepare facilities and equipment	Unit 4 LO4 Deliver a sports session	APW	
	LO4: Prepare participants	As above	APW	
	LO5: Deliver the planed session	As above	APW	
	LO6: Communicate effectively	As above	APW	
	LO7: Conclude and review the session	As above	APW	
Unit 2: Establish and maintain a safe sporting activity		BTEC Sport: Unit 2 Health and safety St Johns First aid certificate		
	LO1: Check and take action on equipment	LO 4: plan safe sports activity	CH	
	LO2: Check facilities	As above	CH	
	LO3: Check participants	As above	CH	
	LO4: Get advice about Risks	As above	CH	
	LO5: First aid qualification			St Johns Ambulance emergency first aid certificate
	LO6: Follow emergency procedures	LO4: plan and deliver safe sports activity	CH	

Unit 3: Structure of sport and rec at Local, Regional and National level		Additional CSLA lessons BTEC Sports Unit 12 sports leadership	CH APW	
	LO1: Identify agencies within the local community	Additional lessons	CH	Lessons ran at Easter
	LO2: Identify agencies at regional and national level	Additional lessons	CH	
	LO3: Identify the role that sports leaders can play in the provision of sports and rec activities	Unit 12 LO21 Role of a sports coach	APW	
	LO4: Identify opportunities for further education and training	Additional Lessons	CH	
	LO5: Refer people to other appropriate agencies in the local community	Additional lessons	CH	
Unit 4: Understand and lead fitness sessions		BTEC Sports: Unit 6 – Fitness testing BTEC Sports: Unit 3 – Training and fitness		
	LO1: Identify the basic principles of fitness	Unit 6 LO1 Understanding fitness and range of tests	JW	
	LO2: Plan and deliver a session to improve fitness	Unit 3 LO3 Plan a series of sessions to improve fitness	CH	
	LO3: Identify basic principles of fitness testing	Unit 6 LO1 Understanding fitness and range of tests	JW	
	LO4: Plan and administer basic fitness testing activity	Unit 6 LO3 Undertake appropriate tests	JW	
Unit 5: Demonstrate principles and practice in running sports events and competitions		FA Coaching Level 1 BTEC Sports Unit 7 or 8 Practical team sports		
	LO1: Identify the key differences between an event and competition	FA Coaching Level 1	JR	

	LO2: Identify the main competition formats used in sport	Unit 7 LO2 – Understand rules and regs in sports	JW	
	LO3: Identify the organisational requirements of running a successful sporting event or competition	FA Coaching Level 1	JR	
	LO4: Organise various events and competitions using different competition formats	Unit 2, 4 and 7 BTEC Sports	CH APW JW	
	LO5: Act as an official for a competition	Unit 7 LO4 Assess performance in sports	JW	
Unit 6: Demonstrate principles and practice in adapting sports activities		BTEC Sports Unit 2 Health and safety BTEC Sports Unit 15 Exercise for specific group BTEC Sports Unit 4 Sports Coaching	CH	
	LO1: Identify the factors that can affect the delivery of a sports activity	Unit 4 LO2 understand techniques used by coaches	APW	
	LO2: Be able to improvise and adapt when circumstances change the nature of the session	Unit 4 LO3 – Plan sports sessions	APW	
	LO3: Use limited space and equipment to provide safe, purposeful activities	Unit 2 LO4 Plan sessions at primary school using	CH	
	LO4: Have knowledge of a range of NGB mini games	Unit 4 Whole unit	APW	
	LO5: Have knowledge of a range of games and activities	Unit 4 Whole unit	APW	
Unit 7: Plan a series of appropriate spots activities		BTEC Sports Unit 4 Sports Coaching		

	LO1: Session plan	LO3 and 4 Plan and deliver sessions	APW	
	LO2: Deliver the session	As above	APW	
	LO3: Knowledge of specific rules and regs of the chosen activity	As above	APW	
	LO4: Series of plans showing progression	As above	APW	
Unit 8: Demonstration of leadership in the community.		BTEC Sports Unit 25 Work experience Unit 2 Health and Safety Unit 4 Sports coaching		
	LO1:Lead an activity	Unit 25 LO3 Undertake a work based experience	APW	
	LO2: Mature attitude	As above	APW	
	LO3: Positive relationships	As above	APW	
	LO4: Knowledge of H+S	Unit 2 LO1 knowledge of key H+S factors	CH	
	LO5: Progression for participants	Unit 4 LO3 and 4 Plan and deliver sessions	APW	
	LO6: Demonstrate leadership whilst working to set values	As above	APW	