



SPORTS LEADERS 2008 for BTEC DIPLOMA GROUP

Lessons	Unit Outcomes	Activities	Evidence / Assessment
UNIT 1			
BTEC LESSONS 18 - 24	<u>Learning Outcome 1</u> – Plan and prepare a simple sporting or recreational activity	BTEC TAUGHT <ul style="list-style-type: none"> • Examination of lesson planning, lesson contexts, lesson objectives, lesson outcomes, literacy, numeracy, ICT, starters, main learning activities, plenary, differentiation. • Preparation and research • What information is needed worksheet 1.1 • In deep worksheet 1.2 • Planning, preparing and assisting a simple sporting activity worksheet 1.4 • Improvisation – Wild Cards worksheet 1.8 • Ways to get people into a group worksheet 1.12 	Workbooks Saved research Completed worksheets BTEC assignment – Planning and Leading Sports Activities Assignment 2
BTEC LESSONS 24 - 36	<u>Learning Outcome 2</u> – Deliver a simple sporting or recreational activity whilst under supervision	BTEC TAUGHT <ul style="list-style-type: none"> • Practical delivery of warm up • Practical delivery of full lesson 	Observation Video evidence BTEC assignment – Planning and Leading Sports Activities Assignment 2
BTEC LESSONS 24 - 36	<u>Learning Outcome 3</u> – Evaluate each session	BTEC TAUGHT <ul style="list-style-type: none"> • Self and Peer evaluation • Assignment work • Evaluation sheet worksheet 1.5 • Evaluation sheet worksheet 1.16 	Worksheets BTEC assignment – Planning and Leading Sports Activities Assignment 2

BTEC LESSONS 36 - 38	<u>Learning Outcome 4</u> – Plan future sessions	BTEC TAUGHT <ul style="list-style-type: none"> • Evaluation conclusions • Assignment work 	Worksheets BTEC assignment – Planning and Leading Sports Activities Assignment 2
UNIT 2			
BTEC LESSONS 1-18	<u>Learning Outcome 1</u> – Knowledge and basic proficiency in the chosen activities in order to demonstrate verbal communication, non verbal communication and use of a whistle	BTEC TAUGHT <ul style="list-style-type: none"> • Back to back nursery rhymes • Across hall verbal communication • Across hall verbal and non-verbal communication • Verbal communication worksheet 2.1 • Non verbal communication worksheet 2.2 • Relay cards worksheet 2.4 (starter activity) • Teacher lead whistle demonstration • Students Whistle scenarios • Whistle worksheet 2.5 • Communication questions worksheet 2.3 (evaluation tool) 	Worksheets Observations
BTEC LESSONS 24 - 36	<u>Learning Outcome 2</u> – Communicating with groups and individuals involved in sporting and recreational activity	BTEC TAUGHT <ul style="list-style-type: none"> • Practical delivery of warm up • Practical delivery of full lesson CONNECT WITH UNIT 1 OUTCOME 2	Observations
UNIT 3			
SPORTS LEADERS LESSONS 7-8	<u>Learning Outcome 1</u> – Understand the factors which prevent individuals taking part in health-related exercise	SEPARATE SPORTS LEADERS SESSIONS <ul style="list-style-type: none"> • Audit worksheet 3.2 • Audit worksheet 3.3 	Worksheets
PREVIOUS WORK	<u>Learning Outcome 2</u> – The effects of diet, smoking, alcohol and age on the maintenance of a healthy lifestyle	BTEC TAUGHT <ul style="list-style-type: none"> • Lifestyle factors section of Preparation for Sport Unit 4 	BTEC assignment – Preparation for Sport Assignment 1

SPORTS LEADERS LESSONS 1-2	<u>Learning Outcome 3</u> – The development of a directory of local contacts offering health-related exercise	SEPARATE SPORTS LEADERS SESSIONS <ul style="list-style-type: none"> • Research task and directory development 	Group project
BTEC LESSONS 24-36	<u>Learning Outcome 4</u> – Leading a simple exercise session for a group whilst under supervision	BTEC TAUGHT <ul style="list-style-type: none"> • Practical delivery of warm up • Practical delivery of types of training fitness section 	Observations Student evaluations
UNIT 4			
SPORTS LEADERS LESSONS 9-10	<u>Learning Outcome 1</u> Throughout the course you have actively demonstrated and encouraged the concept of good sporting behaviour and fair play in sporting and recreational activities	SEPARATE SPORTS LEADERS SESSIONS <ul style="list-style-type: none"> • Fair play scenario cards worksheet 4.1 and decision sheet worksheet 4.2. • Discussion on the need of rules. • Game development co-operative to competitive with worksheet 4.4. • Fair play charter development – link to P.E department policy 	Worksheets Observations Fair Play Charter
UNIT 5			
PREVIOUS WORK	<u>Learning Outcome 1</u> – The role of the official in sporting activities	BTEC TAUGHT <ul style="list-style-type: none"> • Practical Sport Unit 6 assignment work, 	BTEC assignment – Practical Sport Assignment 2
PREVIOUS WORK	<u>Learning Outcome 2</u> – Rules and regulations of a number of sports and activities	BTEC TAUGHT <ul style="list-style-type: none"> • Practical Sport Unit 6 assignment work 	BTEC assignment – Practical Sport Assignment 2
BTEC LESSONS 24-36	<u>Learning Outcome 3</u> – Evaluation of performance of officials	BTEC TAUGHT <ul style="list-style-type: none"> • Evaluation of the official worksheet 5.1 	Worksheet

UNIT 6			
SPORTS LEADERS LESSONS 2-4	<u>Learning Outcome 1</u> - Demonstrate knowledge of the range of local agencies and facilities that offer sporting and recreational activities to the community	SEPARATE SPORT LEADERS SESSIONS <ul style="list-style-type: none"> • Research Project • Internet and library research CONNECT WITH UNIT 3 OUTCOME 3	Student Project
SPORTS LEADERS LESSONS 4-6	<u>Learning Outcome 2</u> - Show awareness of the sports related courses of study that are available through schools, sports development teams, national governing bodies and other associated agencies	SEPARATE SPORT LEADERS SESSIONS <ul style="list-style-type: none"> • Research Project • Internet and library research 	Student Project
UNIT 7			
EVENT DAYS	<u>Learning Outcome 1</u> - Organise a number of sports sessions, ideally in two different sporting or recreational activities for your peer group or lower age group children	BTEC TAUGHT <ul style="list-style-type: none"> • Jump rope for Heart – Secondary • Swimming Gala – Junior • Hockey Tournament - Junior 	Observations Feedback Student logbooks Evaluations Independent witness